

# *Ballers Only!* Basketball League

## Rules & Guidelines

### **Pre-Game**

Teams should arrive no earlier than 15-mins before the start of their game

Teams may only take the court 10-mins prior to their scheduled game to warm-up

Players without a league issued uniform will *NOT* be allowed to play, **NO EXCUSES**

Teams are allowed up to (2) forfeits before suspension

Teams will be given a 15-min grace period if running late before the game is forfeited

Use of the gym or any gym equipment is prohibited unless you are a member

- Any guest found in default of this will be asked to leave the gym immediately

Players are allowed (1) guest for their game

### **Gameplay**

Players *MUST* wear masks while playing

All games will be played full court

Each game will be officiated by (1) referee

Each team is allowed (1) coach, if necessary

Games will be played in 2-halves with a 40-min running clock

20-second shot clock on all offensive possessions

- Shot clock will reset to 20 seconds on an offensive rebound

Away team will start with the ball in the 1<sup>st</sup> half

Home team will start with the ball in the 2<sup>nd</sup> half

Each team will be given (1) 60-sec timeout per half

- Timeouts do not carry over (use it or lose it)

Teams will switch baskets at the start of 2<sup>nd</sup> half

Clock only stops in final 2-mins of 2<sup>nd</sup> half

Pressing *IS* allowed within a 20-point lead

Scheduled substitutions will occur every 5-mins, if needed

- Injury substitutions may happen at any time

The wall will be determined out of bounds the sidelines

- Out of bounds is also at the discretion of the official to avoid injury

4-pt line will be identified by colored tape

Fighting and/or rough play is strongly prohibited

- Any player(s) engaged in fighting will be receive an automatic suspension

Blatant disrespect toward referees, staff or players will **NOT** be tolerated

- Any player or coach exhibiting disrespectful behavior will be suspended

Overtime games will have a 5-min running clock with (1) 30-second timeout

Profanity is not allowed by anyone including players, coaches or their guests

- Those who are in violation will be asked to exit the building immediately

## **Post-Game**

Teams should exit the court as soon as the game is completed

Teams should avoid or minimize post game contact with the opposing team

Players will have 10-minutes to get dressed and exit the facility after the game

Players and guest should not linger after their game to watch other games

All team areas should be kept clean and organized

## **COVID-19 Guidelines**

Masks MUST be worn at all times while utilizing the gym

Wearing a mask during gameplay is mandatory for all coaches, players & staff

The ball will be sanitized before, after and periodically during the game

Players should sanitize their hands before and after each game

Temperature checks will be performed upon entry to the gym

Players and coaches who have come in contact with COVID-19 cannot attend games

## **General Rules**

Any team or player suspended from the league will NOT be given a refund

All property of Overtime or the facility shall be treated with respect

No property of Overtime or the facility shall be taken off premises at any time

Teams must designate (1) team captain

Rosters will be final after week 2

- Any player who has not played in at least 3 games is not eligible for the playoffs

Players cannot play on multiple teams

Teams must have at least (3) players present to start a game

- The 4<sup>th</sup> player must arrive by halftime or the game will be forfeited

Top 4 teams will make the playoffs

Grade and age verifications for players can be requested at any time

Player of the Week awards will be determined solely at the discretion of the Overtime staff

The Ballers Only! Basketball League is designed for players to compete against their peers in a positive & safe environment. We understand the potential intensity of these games but there will be a zero-tolerance policy for any behavior that conflicts with the purpose of our event. Coaches and players will be asked to respect the game, their opponents and our facility so that we may continue providing a valuable experience to all of our participants. All rules and guidelines listed above will strictly enforced each week. We hope to have an incident-free season (including the exposure to COVID-19) with an understanding that our main concern is the safety of our participants, staff and their families. Please be mindful and foretelling of any issues related to your off-court activities.

Thank you again for your interest in our league, if you have any further questions, please contact us at your convenience.